

Life Center Fitness

May Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 8:30am (Ann Marie) Yoga 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	3 9am (McClees) Zumba Gold 7pm (Vicki) PiYo	4 8:30am (Ann Marie) Yoga	5 9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	6 7pm (Lindsey) Zumba Step	7 9am (McClees) Zumba
8	9 8:30am (Ann Marie) Yoga 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	10 9am (McClees) Zumba Gold 7pm (Vicki) PiYo	11 8:30am (Ann Marie) Yoga	12 9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	13 7pm (Lindsey) Zumba Step	14 9am (McClees) Zumba
15	16 8:30am (Ann Marie) Yoga 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	17 9am (McClees) Zumba Gold 7pm (Vicki) PiYo	18 8:30am (Ann Marie) Yoga	19 9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	20 7pm (Lindsey) Zumba Step	21 9am (McClees) Zumba
22	23 8:30am (Ann Marie) Yoga 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	24 9am (McClees) Zumba Gold 7pm (Vicki) PiYo	25 8:30am (Ann Marie) Yoga	26 9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	27 7pm (Lindsey) Zumba Step	28 9am (McClees) Zumba
29	30 <i><u>Closed for Memorial Day</u></i>	31 9am (McClees) Zumba Gold 7pm (Vicki) PiYo				