

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	8:30am (Sue) Yoga (B) 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	9am (McClees) Zumba Gold 7pm (Vicki) PiYo	6:00pm (Sue) Yoga (I)	9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	7pm (Lindsey) Zumba Step	9am (McClees) Zumba
7	8	9	10	11	12	13
	8:30am (Sue) Yoga (B) 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	9am (McClees) Zumba Gold 7pm (Vicki) PiYo	6:00pm (Sue) Yoga (I)	9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	7pm (Lindsey) Zumba Step	9am (McClees) Zumba
14	15	16	17	18	19	20
	8:30am (Sue) Yoga (B) 6pm (McClees) Zumba Toning 7pm (Gretchen) Zumba	9am (McClees) Zumba Gold 7pm (Vicki) PiYo	6:00pm (Sue) Yoga (I)	9am (McClees) Zumba Toning 7pm (Gretchen) Zumba	7pm (McClees) Zumba Toning	9am (McClees) Zumba
21	22	23	24	25	26	27
	8:30am (Sue) Yoga (B) 6pm (McClees) Zumba Toning 7pm (Lindsey) Zumba	9am (McClees) Zumba Gold 7pm (Vicki) PiYo	6:00pm (Sue) Yoga (I)	9am (McClees) Zumba Toning 7pm (Lindsey) Zumba	7pm (Lindsey) Zumba Step	9am (McClees) Zumba
28	29	30	31			
	<i>Yoga & Zumba Toning Classes Cancelled</i> 7pm (Lindsey)	9am (Gretchen) Zumba Gold 7pm (Vicki) PiYo	6:00pm (Sue) Yoga (I)			

	Zumba					
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Life Center Fitness August Class Schedule